



# EVERY DAY WITH ADHD

Celebrate Abiding  
disabilities

## Pathways to Success - GW

### Pathways to Success - General Workshop

Workshop Length: 2 hours

Pre requisite: None.

Who should attend: Parents, teachers, carers, all involved in any way with ADHD, Aspergers or Challenging Behaviours

#### Summary

This workshop is designed to provide participants with a greater understanding of the issues that impact the child's behaviour and learning. It offers practical suggestions and starting points for managing the challenging child.

#### Workshop Outline

1. Background *In brief (some knowledge of ADHD is assumed)*  
Myths, controversies, medication and diet are discussed.
2. Bulk of presentation
  - Some Basic Characteristics of ADHD, Specific Learning Disabilities, poor cooperation  
Identification of those aspects of selected characteristics which are either overlooked, commonly misunderstood or their effects underestimated. For example, the social impact of a Specific Learning Disability.
  - The child's response  
Links are drawn from the above characteristics to mental, emotional and behavioural responses.
  - Outbursts  
The connection is made from responses to negative behavioural outcomes. It includes dealing with aggression and outbursts.
  - Activity  
A small group activity designed to bring participants to a deeper understanding of the child's thinking and behaviour.
  - Keys  
A number of keys to behaviour management are discussed along with the process for implementation.

**Questions are answered throughout the workshop and relevant examples given.**

#### What makes this information unique?

Points of difference for the workshop and information include:

- The solid foundation learned in the workshop is supported by the strategies in *Every Day with ADHD*.
- Takes participants to a real and experienced level of understanding of the thought processes of the child.
- Offers a new and holistic perspective, on which to build a behaviour management program.
- Offers an appreciation for the positives and strengths within each child and the benefits derived from enhancing these.
- Proven strategies and tools that have already made a significant difference to hundreds of past participants.

Workshops can be designed to suit the needs of the participants and so may differ depending on the current level of knowledge and requirements for specific groups. All presentations are interactive.

**Note:** This workshop is also available for couples to attend (2 life partners, 2 parents or 2 family members)

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