



EVERY DAY WITH ADHD

Celebrate Abiding
disabilities

ADHD Workshop Series-TTT

Train the Trainer Course

Course Length: 2 Days

Pre requisite: Attendance at the 2 hour general workshop.

Who should attend: Professionals who are interested in facilitating parenting courses specifically designed for parents, carers and families of children with ADHD/Learning disabilities.

Summary

This workshop is designed for professionals who are interested in conducting parenting courses for parents of children with ADHD, Specific Learning Disabilities or challenging behaviours. It is important to recognise that general parenting strategies rarely have a behaviour changing impact on these children and often leave the parents feeling all the more inadequate.

Workshop Outcome

This course will provide participants with the understanding, knowledge and facilitation requirements for the empathetic and effective running of a parenting course specifically designed to meet the needs of parents, carers and families managing ADHD.

Provided

A workbook is provided which includes relevant worksheets to be used during the workshop as well as a copy to be taken away as a master sheet.

A copy of the book, *Every Day with ADHD*, as this includes the behaviour strategies and tools required for conducting ADHD parenting courses.

Pre requisite

The attendance at a 2 hour General Workshop will provide the background and foundation necessary for understanding ADHD and the role of a carer.

Course Outline

Following is a brief outline of the Train the Trainer Course:

- Fundamental beliefs and understandings for the facilitator
- How and why these parent needs differ from the norm
- ADHD Facilitation challenges and techniques for overcoming these challenges
- The importance of the course structure and the initial message
- Content for the most relevant and frequently requested topics
- Responding to parent concerns and questions
- Practical applications within the course and where to start

Kerry developed and facilitated the first parenting course for parents of children with ADHD in Victoria. This course was attended by many hundreds of families over a nine year period. The information shared in this course is not only about ADHD management but incorporates the many 'lessons' learnt by Kerry in reference to facilitating a successful course.

Kerry Cooney
info@everydaywithadhd.com.au
www.everydaywithadhd.com.au

